



Aston® Class Schedule

DATES	CLASS	LOCATION
Dec. 4–7, 2008 Dec. 10-13, 2008	Aston®/Pilates	Tahoe, NV
Feb. 14–16, 2009	Aston Techniques I	Tahoe, NV
Feb. 18-21, 2009	Aston Bodyworks I	Tahoe, NV
March 26-29, 2009	Aston Bodyworks I	Boston
April 4-6, 2009	Aston Bodyworks I	Albuquerque, NM
April 9-12, 2009	Aston Bodyworks II	Albuquerque, NM
April 30 – May 1-3, 2009	Aston Bodyworks I	Tahoe, NV
May 6-9, 2009	Aston Bodyworks I	Hawaii
May 12-15, 2009	Aston Bodyworks II	Hawaii
June 7-8, 2009	Aston Techniques I	Tahoe, NV
June 9-11, 2009	Aston Techniques II	Tahoe, NV
June 16-21, 2009 June 24-29, 2009	Aston Movement Certification Phase I of IV	Tahoe, NV
July 9-13, 2009	Aston Techniques I & II	Las Vegas, NV
July 14- Aug. 1, 2009	Aston-Patterning Certification Phase VII of VII	Tahoe, NV
August TBD, 2009	Aston Bodyworks I	Seattle, WA
August TBD, 2009	Aston Bodyworks I	Anchorage, AK
Sept. 15-20, 2009 Sept. 23-28, 2009	Aston Bodywork Certification Phase I of IV	Tahoe, NV
October 1-5, 2009	Aston Fitness – Toning	Tahoe, NV
October 8-12, 2009	Aston Fitness – Cardio (5 days for non-AP Practitioners)	Tahoe, NV
Nov. 11-15, 2009	Fitness - TBD	Hawaii
January 12-17, 2010 January 20-25, 2010	Aston Movement Certification Phase II of IV	Tahoe, NV
March , 2010	Aston-Patterning Certification Phase I of VII	Tahoe, NV
April 6-11, 2010	Aston Movement Certification Phase III of IV	Tahoe, NV
June , 2010	Aston-Patterning Certification Phase II of VII	Tahoe, NV
July , 2010, Plus 2 day evaluation	Aston Movement Certification Phase IV of IV & Evaluation	Tahoe, NV
Sept. 2010	Aston-Patterning Certification Phase III of VII	Tahoe, NV
Sept. 21 – Oct. 4, 2010	Aston Bodywork Certification Phase II of IV	Tahoe, NV
January 10-23, 2011	Aston-Patterning Certification Phase IV of VII	Tahoe, NV
February, 2011	Aston Bodywork Certification Phase III of IV	Tahoe, NV
early June, 2011	Aston-Patterning Certification Phase V of VII	Tahoe, NV
June, 2011	Aston Bodywork Certification Phase IV of IV	Tahoe, NV
October , 2011	Aston-Patterning Certification Phase VI of VII	Tahoe, NV
January , 2012	Aston-Patterning Certification Phase VII of VII, & Evaluation	Tahoe, NV

- Classes subject to change, updates posted to www.astonenterprises.com